

*The Courage Community Presents*

# WOMEN'S STORY CIRCLES

with **Evangeline Welch**

*Do you want to claim, reframe or release narratives that are shaping your life?*

*Are you ready to experience the healing power of telling your stories and really being heard?*

*Do you want to enjoy the warmth and deep connections of a shared community of women?*

**WOMEN'S STORY CIRCLES** offer a meaningful collaboration in which a gently attentive audience creates a supportive listening field. Grounded in the principles of [Speaking Circles®](#), Women's Story Circles provide a safe container to be open and receptive to the moment. You'll experience a natural sense of connection, belonging and safety. And you will learn to trust yourself to access whatever you need, and to share your personal stories with ease and authenticity.

**Two format options: Daylong or Four-Part Series**

**Optimal number of participants:** 6-8 for either format

## DAYLONG

6 hours with break for lunch  
Cost: \$130 per participant  
(*\$780 minimum + site fees if applicable*)

## FOUR-PART SERIES

4 weekly sessions, 2 hours each  
Cost: \$215 per participant  
(*\$1290 minimum + site fees if applicable*)

To schedule Women's Story Circles or Enneagram trainings for your organization, call or text Carlana Stone at **213-880-4087**.



**Evangeline Welch**, co-founder of [Intuitive Leaps Creative](#), has been a professional communicator for mission driven organizations for over 40 years. She presents workshops, gatherings and leadership team-building experiences focused on relational presence, storytelling, creativity, expressive arts and the [Narrative Enneagram](#). She is a [Certified Relational Presence Facilitator](#) and [Speaking Circles® Facilitator](#). Contact Evangeline at [paintdance@mac.com](mailto:paintdance@mac.com) or **415-847-2430**.

*"Evangeline gently invites the creative fire to ignite in each person with joy and depth."*

**BEATA LEWIS, JD, MSC,**  
**Executive Coach and Change Consultant**

*"I've yet to meet anyone as caring and as intuitive. Not only do you quickly absorb and understand others' needs, you have a lovely way of going beyond what's simply on the surface. With your guidance, anyone can reach the next level."*

**MARY THORSBY, Executive Director, Adobe Contemplative Care for the Dying**



## ABOUT THE COURAGE COMMUNITY

Founded by Shreveport native [Carlana Stone](#), the Courage Community works with civic and military leaders to create sustainable, nonpartisan public/private partnerships that build core creative therapeutic assets and promote diversity, equity and inclusion. The initiative connects individuals, organizations and communities with evidence-based transformative frameworks and tools that support mental wellness and cultivate social connection and resilience.